

1       FOOD PRODUCTS CONTAINING WHOLE CHIA SEED OR A GLUTEN-FREE  
2       AGGLUTINANT DERIVED THEREFROM AND METHODS OF MAKING SAME

3       **Abstract:** Food products containing whole chia seeds or a  
4       gluten-free agglutinant derived therefrom are made by mixing  
5       a food material with water, adding whole chia seeds or an  
6       agglutinant derived therefrom in an agglutinating amount, and  
7       reducing the water activity of the mixture. Other ingredients  
8       such as honey, syrups, and sprouted grains can also be mixed  
9       with the chia seeds. The gluten free varieties are of espe-  
10      cial value for those individuals who are allergic to the  
11      gluten in wheat and other grains.

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